

**CHILD HEALTH ADVISORY COMMITTEE**  
**MEETING MINUTES**  
**September 8, 2011**  
**Freeway Medical Building**  
**Room 906**

**Attendees:** Barbara Kumpe, Bob West, Carole Garner, Charlotte Davis, Elton Cleveland, Kathy McFetridge, Laura Sanders, Paula Smith, Rosemary Rodibaugh

**Absentees:** Andrea Martin, Brett Stone, Connie Whitfield, Elisabeth Burak, Laura Bednar, Michelle Justus, Michelle R. Smith, Pam Jones, Tony Thurman

**Substitutes:** Heather Johnston (Jada Walker)

**Staff:** Brittany Johnson, Joy Rockenbach, Mary Wells

**Next meeting:** October 13, 2011

**Business**

The approval of July and August minutes were delayed until quorum.

**ACHI's Coordinated School Health Evaluation**

Kenley Money gave a brief presentation of ACHI's Coordinated School Health Evaluation findings. She reported that 1081 public schools were evaluated. Of those schools, 160 participated in the CSH program. Math and literacy score averages were significantly higher in schools that implemented all 8 components of the CSH recommendations. The findings also showed that disciplinary actions were significantly lower for CSH schools than in non-CSH schools. She announced that each participating school for the 2009-2010 school year evaluation will receive a report by September 9, 2011. The reports will include: District/School LEA and name, CSH components put into practice, score comparisons, and school level responses to specific CSH survey questions.

**"Maggie Goes On A Diet"**

The committee reviewed an article on addressing childhood obesity across the U.S. The article mentioned a book titled, "Maggie Goes on a Diet", due to be released in October, about a fourteen year-old girl who feels that her extra weight could be holding her back from her full potential and decides to go on a diet. The article stated that parents and dieticians felt that this book may not be the best way to address childhood obesity, and that overall eating habits should change. The article claimed that the CHAC committee would be discussing statewide efforts to decrease childhood obesity and developing nutrition and physical activity standards in the September meeting. The committee was not contacted about this topic.

It was suggested that the committee make a blanket statement, not related to the book, on their recommendations to living a healthy lifestyle. A unanimous consensus was made to vote on a formal communication plan. The committee will need a few people to serve as communications liaisons that will get information out to the public. Those individuals will get with Ann Wright of the Arkansas Department of Health Communication's Department, to work on a statement to address this article.

### **Coordinated School Health Recommendations**

Barbara suggested all members update which components they would like to work on. Members for each group should meet by phone or in person to discuss or propose any changes. The leaders of each group will send any changes to the recommendations in track change to CHAC staff by email. It was also suggested to list the successes of each of the components.

## **Organization and Program Updates**

### **Staff**

Mary announced that Audra Walters has started as the new CSH Coordinator for the Arkansas Department of Health. Mary is working to develop a CSH orientation for Audra by meeting with key partners. Mary also announced that Kathy McFetridge is requesting to stay on as an active member of the committee. Patsy Smith is also considering staying on board.

### **Department of Health**

Bob West announced that the flu shot season begins soon. Schools will start flu clinics in October and mass flu clinics will begin in November.

### **Department of Education**

No report was given.

### **Child Nutrition Unit**

No report was given.

### **Hometown Health Initiative**

Nancy Green announced that CHNS would be helping the new school nurses with screenings for students. HHI also has been working with Tobacco Prevention and have come up with a tobacco work plan with objectives and actions. They are also working with Injury Prevention for children this year. Christine stated that she is working with others in Conway to develop a resource directory for people or organizations that help homeless people have access to healthier foods.

### **Act 1220**

Joy announced that school and district reports are available on ACHI's website.

**Act 1220 CPH Evaluation**

Heather announced that the annual report is finished. Final data collection and reports are done. She stated that they are in the process of creating a Child Obesity website and hope to have it ready by year's end. They are also publishing many scientific papers and are in the process of developing trainings for scoring using a cafeteria assessment tool.

**Public Comments**

There will be a Food Summit held on September 28-29, 2011 at Philander Smith College.